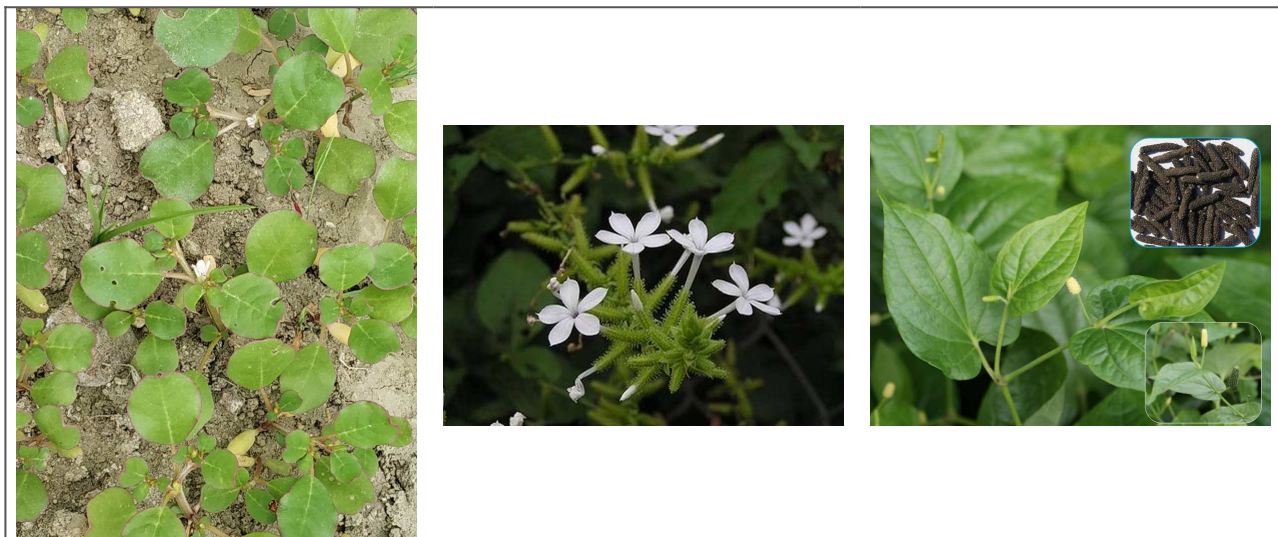


Herbal Analgesic



By : Mr. Aravindan , Chennai, Tamil Nadu

Innovation Description

The traditional knowledge holder has suggested herbal analgesic.

Ingredients: 10 g root of Nathai soori (*Spermacoce hispida* L.), 10 g dried fruits of Milagu (*Piper nigrum* L.), 10 g root of Thippili (*Piper longum* L.), 10 g leaves of Kodiveli (*Plumbago zeylanica* L.), 10 g rhizome Suukku (*Zingiber officinale* Roscoe), 10 g bulb of Vellai vengayam (*Allium cepa* L.), 10 g bulb of Poondu (*Allium sativum* L.), 10 g fruit of Omam (*Trachyspermum ammi* (L.) Sprague), 10 g fruit of Saranai (*Trianthema portulacastrum* L.), 10 g leaves Athanda (*Capparis zeylanica* L.), 10 g leaves of Thoothuvalai (*Solanum trilobatum* L.), 10 g Munnai (*Premna serratifolia* L.), 10 g Nayuruvi (*Achyranthes aspera* L.), 10 g Velvelampattai (*Vachellia nilotica* (L.) P.J.H.Hurter & Mabb.), 10 g Koraikilangu (*Cyperus rotundus* L.), 10 g Pungam (*Millettia pinnata* (L.) Panigrahi), 10 g Vilvam (*Aegle marmelos* (L.) Corrêa), 10 g Perumaram (*Ailanthus excelsa* Roxb.), 10 g Nannari (*Hemidesmus indicus* (L.) R.Br.), 10 g rhizome of Manjal (*Curcuma longa* L.), 10 g leaves of Vasambu (*Acorus calamus* L.), 10 g leaves of Kadugu (*Brassica juncea* (L.) Czern.), 10 g wood of Santhanam (*Santalum album* L.), 10 g leaves of Koshtam (*Hellenia speciosa* (J.Koenig) S.R.Dutta) and 400 ml Sesame oil.

Preparation: Dry and grind the ingredients to prepare a powder. Boil the powder with sesame oil.

Dosage/Application: Apply the prepared decoction over pain area twice daily till cure.

Ingredient's availability: The plants are available in nearby places.

Suggested Reading(s):

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