

Herbal Treatment for Diarrhoea



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Innovation Description

The traditional knowledge holder has suggested a treatment for diarrhoea.

Disease symptoms: Repeated vomiting, watery faeces, loose motion.

Ingredients: 5 no. of Bhela (*Semecarpus anacardium* L.f.), 100g Chohara fruit (*Phoenix dactylifera* L.)

Preparation: Grind both the ingredients and make two laddoo.

Dosage/Application: Consume one laddoo once a day for two days.

Ingredient's availability: The plants are available in nearby places.

Suggested Reading(s):

Panda, S. K., Patra, N., Sahoo, G., Bastia, A. K., & Dutta, S. K. (2012). Anti-diarrheal activities of medicinal plants of Similipal Biosphere Reserve, Odisha, India. *International Journal of Medicinal and Aromatic Plants*, 2(1), 123-134.

Megbo, B. C., Samuel, A. M., & Dio, D. W. (2017). *Phoenix dactylifera* fruit: a nutraceutical agent in the treatment of diarrhea. *Innovat International Journal Of Medical & Pharmaceutical Sciences*, 2(3), 27-29.

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